

laser

mixing it up

SYDNEY COSMETIC AND LASER SURGEON **DR SAMUEL SEIT** SAYS THE NEW MIXTO SX FRACTIONAL LASER CAN DELIVER EFFECTIVE RESULTS FOR THE FACE AND BODY. JESSICA RULE REPORTS.

Sydney cosmetic and laser surgeon Dr Samuel Seit explained the applications for the MiXto SX laser at the annual ACCS/CPSA Cosmetex Conference this April. 'I've been using lasers for around eight years and this is one of the best I've used in terms of results,' says Dr Seit. 'MiXto SX Micro Fractional CO₂ laser can be used for the treatment of conditions such as fine and deep wrinkles, age spots, scars of various origin, uneven pigmentation and dilated pores.'

According to Dr Seit, it is safe for use on the face and body, including the neck, chest and hands. 'It works via vaporising micro holes in the skin tissue, instantly removing the superficial layers of the skin and smoothing and tightening the surface by causing the elastin fibres to contract,' says Dr Seit. 'The skin remodelling occurs with new skin and collagen growth. Patients can typically expect a 20 to 40 percent skin renewal with each treatment.'



BEFORE

AFTER MiXto SX treatment by Dr Seit



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The MiXto SX laser combines the acknowledged gold-standard wavelength for skin renewal with a high-speed scanner. 'By delivering a precise matrix of microspots it leaves some tissue undamaged,' says Dr Seit. 'Dividing energy this way allows maximum time for thermal cooling of the tissue, less pain for the patient and faster recovery.'

Dr Seit says the treatment lasts around 30 minutes and significant results can be achieved with a single visit. 'For most patients, a topical anaesthetic and over-the counter pain medication should be sufficient to minimise discomfort, which feels similar to a bad sunburn,' he says.

It works by smoothing and tightening the skin by causing the elastin fibres to contract

Patients should expect some erythema (skin redness) and swelling to occur on treated areas.

'This should fade within the first few days,' explains Dr Seit. 'The patient will also experience itchiness and peeling similar to sunburn over the first three to five days. Generally, most patients can go back to work after around one week, however some may be able to resume work after around three days if they have had a "buff and shine" single-pass treatment.'

'My patients say they can see results immediately, with noticeable skin contraction. They notice their skin continuing to improve over the first six months after the procedure as new collagen remodelling and tightening takes place,' Dr Seit concludes. **acsm**

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Dr Samuel Seit

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