

Brighterlife Premium Whey Blend- Is The Whey of Life!

Is life a Pain in the Guts?
Are your kids driving you Nuts?



do they have...

Eczema

Hypoglycaemia

ADHD Runny Noses

Autism



or... Irritable Bowel Syndrome

Flatulence

Sinus Problems

Excess Mucus

Milk Intolerances

Asthma



these conditions may be caused by allergy

**Brighten your life from runny noses
It's Time to Brighten Your Life...**

With a Delicious Milk Alternative!

Long time Brighterlife user -Lorna Qld "Just wanted to take the opportunity to write as I have not done so for some time. I love all your recipes. I have multiple allergies including an intolerance to dairy but have been able to add or subtract things according to my needs to the Brighterlife Flour Formulas. They are very versatile and give me such great results without having to be too careful. I am unable to purchase premade products as they always seem to have one or more ingredients that I cannot have. Many thanks for your wonderful products which I have been using since late 2002, Thanks!"



Why Whey you say?

The whey used to make **Brighterlife Premium Whey Blend** is Ultrafiltered to remove fat and increase the protein content. Whey proteins are recognised as being best suited to muscle and tissue rebuilding, assisting the body to grow during the growing years and helping to prevent wear and tear later in life. Essential nutrients and amino acids along with the protein fractions assist in important disease fighting qualities. With added vitamins and minerals this is a delicious, nutritious alternative to milk used successfully by many who can not tolerate milk. **You won't know until you try. It's the Whey to Go!**

Facts Uncovered:

- ★ **Premium Whey** can be a great alternative, even if you have been advised to avoid dairy.
- ★ Our whey is an excellent and cost efficient source of calcium at approx. \$3.10 a litre.

Specifically blended to reduce casein to barely a trace whereby those who can not tolerate casein can now enjoy the benefits of whey.

Most of the reactions that cause inflammation in milk relate to immunological responses from the significant casein.

True lactose intolerance and digestion. Generally Lactose in-tolerance doesn't lead to an inflammatory response. If undigested it can carry too much water into the bowel and can lead to flatulence and diarrhoea (which is the main symptom associated with undigested lactose). Taking lactose Bacillus bacteria often helps improve Lactose digestion.

Most allergies to milk in our society start from the Casein (primarily milk protein) and Immunoglobulin. These are hard to digest for the sensitive individual and can lead to a wide variety of Reactions including mucous conditions. Premium Whey Blend uses concentrates from whey which is known to be very easy to digest and low reactive.

Premium Whey Blend in **Brighterlife** premixes boosts protein and complex carbohydrates, slowing the release of energy, improving texture and taste. **Brighterlife** baked foods last longer (after they are baked) than many other low allergy foods EVEN without preservatives.



Check out WWW.WHEATFREE.COM.AU